

# Andover Swimming & Water Polo Club

## 200 Metre Swimming Event

Andover Leisure Centre

Saturday 18<sup>th</sup> and Sunday 19<sup>th</sup> March 2017



Entry forms from notice board, from the club website or from Facebook. Entry forms to be submitted to the desk on a Monday or to Internal Competition Secretary Paul Goddard. All forms must be submitted by Thursday March 9<sup>th</sup> 2017.

Meet to be managed under ASA rules and regulations

# Andover Swimming & Water Polo Club

## 200 Metre Swimming Event

(Held under ASA Laws and ASA Technical Rules of Racing)

### INTRODUCTION

Due to the current uncertainty regarding the existing Andover Leisure Centre, it was not confirmed to us until last week that we could book the pool for the weekend of March 18<sup>th</sup> 2017. Usually an annual 200 Metre Championships is held that provides the four strokes over Saturday and Sunday evenings, with an IM on Monday evening. However due to the current uncertainty, there is desire to retain water polo on a Sunday evening and retain all Monday evening swim sessions for as long as possible.

While this event will be held under ASA laws and Technical Rules of Racing, due to the lateness in having the booking confirmed, it has not been possible to hold this event as ASA licensed. However, we are determined to retain our annual schedule, and it is considered important to still give all swimmers an opportunity to progress and gain experience in swimming at 200 metres. As the event is unlicensed, the times gained cannot be used for entry into licensed level three or above open meets including the Hampshire County Championships 2018. The times however can be used for entry into level four open meets later in the year, where licensed times can then be obtained.

### THE EVENT

Saturday March 18<sup>th</sup> 2017 – Doors open at 18.30

Freestyle and backstroke. **Swimmers can choose both swims**

There will be the following schedule:

Girls 200 Metre Freestyle

Boys 200 Metre Freestyle

Girls 200 Metre Backstroke

Boys 200 Metre Backstroke

Sunday March 19<sup>th</sup> 2017 – Doors open at 08.00

Breaststroke, Butterfly and Individual Medley. **Swimmers can choose two swims out of three**

There will be the following schedule:

Boys 200 Metre Breaststroke

Girls 200 Metre Breaststroke

Boys 200 Metre Butterfly

Girls 200 Metre Butterfly

Boys 200 Metre Individual Medley

Girls 200 Metre Individual Medley

### GROUPS

Under 12, under 14, under 16, open and masters. Ages as at December 31<sup>st</sup> 2017

These Championships are open to all swimmers who are fully paid up members of the Andover Swimming and Water Polo Club and can manage **8 lengths** of any one of the above strokes.

### AWARDS

As this is not the 200 Metre Championships, it is not currently to award trophies at this event. However, medals will be awarded to all groups for each stroke. Gold, Silver and Bronze medals will be awarded to the three fastest swimmers in each stroke for each group

### **CLOSING DATE IS THURSDAY MARCH 9TH 2017 NO ENTRIES CAN BE ACCEPTED AFTER THIS DATE**

Competitors will be seeded by age/ability wherever possible.

Any withdrawal must be notified to the Referee before the start time. Any competitor failing to notify of withdrawal within 15 minutes of the start, at the discretion of the Referee will be deemed to have withdrawn from all other events in the Championships. Withdrawal for medical reasons accepted.

The Coaching Team and the Internal Competition Secretary reserve the right to refuse entry if required to do so.

# Andover Swimming and Water Polo Club

## 200 Metre Swimming Event

Andover Leisure Centre: March 18<sup>th</sup> and 19<sup>th</sup> 2017

Surname		First Name (s)	
Date of Birth		Age as at December 31 <sup>st</sup> 2017	Male / Female
ASA Registration Number (if known)			

EVENT	SELECT	Coaches signature
<b>You can choose both from following:</b>		
200 Metre Freestyle		
200 Metre Backstroke		
<b>You can choose two of the three following:</b>		
200 Metre Breaststroke		
200 metre Butterfly		
200 Metre Individual Medley		

Total No of Entries	Cost per event	Total Amount due
	£5 each	£
Cheques payable to Andover Swimming and Water Polo Club. Please submit entries to the desk on Mondays or to Internal Competition Secretary Paul Goddard no later than Thursday March 9 <sup>th</sup> 2017. All entries will be confirmed by the coaching team.		

# Andover Swimming and Water Polo Club

## 200 Metre Swimming Event

Andover Leisure Centre: March 18<sup>th</sup> and 19<sup>th</sup> 2017

Surname		First Name (s)	
Date of Birth		Age as at December 31 <sup>st</sup> 2017	Male / Female
ASA Registration Number (if known)			

EVENT	SELECT	Coaches signature
<b>You can choose both from following:</b>		
200 Metre Freestyle		
200 Metre Backstroke		
<b>You can choose two of the three following:</b>		
200 Metre Breaststroke		
200 metre Butterfly		
200 Metre Individual Medley		

Total No of Entries	Cost per event	Total Amount due
	£5 each	£
Cheques payable to Andover Swimming and Water Polo Club. Please submit entries to the desk on Mondays or to Internal Competition Secretary Paul Goddard no later than Thursday March 9 <sup>th</sup> 2017. All entries will be confirmed by the coaching team.		