

## **FRIDAY 50M TRAINING**

**I HAVE SPOKEN TO LUKE AT HART AND HE HAS INFORMED ME THAT HE IS UNABLE TO TAKE THE NEW LOT OF SWIMMERS IN THE 19:00-21:00 SESSION.**

**HE HAS SAID THAT THE NEW SWIMMERS WOULD BE BETTER TO SWIM IN THE 17:00-19:00 SESSION. I KNOW THIS IS A PAIN AND HE SENDS HIS APOLOGIES.**

**HE IS GOING THROUGH A RE-STRUCTURE WITH HIS SWIMMERS AT THE MOMENT. THERE MAY BE SPACE IN THE LATER SESSION AT A LATER DATE BUT FOR NOW HE CAN ONLY OFFER THE 17:00-19:00 SESSION.**

**CAN THE FOLLOWING SWIMMERS PLEASE TRY TO MAKE THE 17:00-19:00 SESSION INSTEAD OF THE 19:00-21:00**

**REUBEN KITCHEN**

**LOGAN HAMMOND**

**TOBY FORTHINGHAM**

**JOSH ARMSTRONG**

**RUBY GODDARD**

**MAISE LANGDOWN**

**CHLOE SMITH**

**REBEKAH SEARLE**

**ONCE AGAIN SORRY FOR THE INCONVIENCE - CAN YOU PLEASE LET ME KNOW ASAP IF YOU CAN MAKE THE SESSION OR NOT SO I CAN INFORM LUKE IF YOU WILL BE COMING.**

**THANKS**

**DARREN**

**[coach2.aswpc@gmail.com](mailto:coach2.aswpc@gmail.com)**