

2020 South East Regional Masters (Long Course) - RESULTS

18th & 19th January 2020 @ K2, Crawley

Name	Age Group	Distance	Stroke	Time	Position	Splits (50)	Splits(100)
Paul Goddard	Mens 50-54	50	Freestyle	0:36.63 (PB)	11	---	---
		100	Breaststroke	1:46.28	4	0:50.20 0:56.08	---
Dave Thompson	Mens 35-39	100	Butterfly	1:11.21 (PB)	1	0:29.95 0:41.26	---
		100	Freestyle	0:59.55 (PB)	2	0:29.59 0:29.96	---
		50	Butterfly	0:28.69	1	---	---
		50	Freestyle	0:26.66	1	---	---
Mark Smith	Mens 40-44	100	Backstroke	1:20.93	3	0:39.06 0:41.87	---
		50	Freestyle	0:29.83	8	---	---
		50	Backstroke	0:36.96	3	---	---
Guy Kitchen	Mens 50-54	100	Backstroke	1:23.15	2	0:38.72 0:44.43	---
		50	Freestyle	DNS	---	---	---
		50	Backstroke	DNS	---	---	---
James Littleworth	Mens 35-39	50	Freestyle	0:31.70	6	---	---
		100	Breaststroke	1:35.02	5	0:44.05	---
						0:50.97	
		800	Freestyle	12:29.67 (PB)	3	0:42.87	1:28.73
						0:45.86	1:34.69
						0:47.39	
						0:47.30	
						0:48.65	1:35.94
						0:47.29	1:36.62
						0:48.67	
						0:47.95	1:35.91
						0:48.14	
						0:47.77	1:34.72
						0:47.58	
0:47.14	1:35.10						
0:47.84							
0:47.26	1:27.96						
0:45.07							
0:42.89							

Guy Kitchen	Mens 160+	4*50	Freestyle Relay	1:57.48	3	0:29.79	---
Mark Smith						0:29.51	---
James Littleworth						0:31.91	---
Dave Thompson						0:26.27	---

BK: Mark Smith	Mens 160+	4*100	Medley Relay	5:19.00	3	0:38.97	1:21.42
BR: James Littleworth						0:42.45	
						0:43.85	1:34.94
BF: Dave Thompson						0:51.09	
						0:33.89	1:11.71
FC: Guy Kitchen						0:37.82	
	0:34.53	1:10.93					
0:36.40							